

# LENAWEE VOLUNTEER MICHIGAN MILITIA

## LEVEL 1

### Basic Equipment:

- 1) RIFLE – preferably a semi-automatic rifle in a military grade caliber with sling.
- 2) 100 ROUNDS OF AMMUNITION FOR YOUR RIFLE – In magazines/stripper clips. In suitable pouches/bag, no loose ammo.
- 3) CLEANING KIT FOR YOUR RIFLE.
- 4) ONE QUART WATER CONTAINER – minimum with carrying pouch.
- 5) CARRYING GEAR – Load bearing equipment (L.B.E.)/Load bearing Vest (L.B.V.). i.e. Y or H harness with pistol belt, whatever you need to carry your gear.
- 6) CAMOUFLAGE – Woodland or Multicam B.D.U. to include shirt, pants, and boonie hat. Face paint/face mask and gloves.
- 7) BOOTS- combat or hiking, black, brown, O.D..
- 8) BAYONET/COMBAT KNIFE.
- 9) FIRST-AID KIT – to include a minimum of  
1 – battle dressing  
1 – 32” triangular bandage  
2 – 4x4 gauze pads  
1 – roll medical tape  
1 – ounce triple antibiotic ointment  
1 – roll of gauze  
2 – pair latex-free gloves  
5 – alcohol pads  
5 – band-aids  
20 – pain reliever pills  
1 - tourniquet  
Identify your first-aid kit with a large black plus with blood type.
- 10) BUG REPELLANT
- 11) SUNSCREEN
- 12) FLASHLIGHT – with red and/or blue lenses and extra batteries.
- 13) TOILET PAPER
- 14) F.R.S. RADIO - minimum of a 10-mile range with extra batteries.
- 15) FOOD – a full day supply.

16) NOTEPAD AND PENCIL

17) AO MAP – state and county road map.

18) SQUAD MEAL KIT – a small box or container that will provide enough food for 10-15 people for one meal. Also include disposable eating utensils, napkins, plates/bowls, cooking utensils, can opener, etc. Not to be carried.

19) CASE OF WATER – 24, or more, 16.9 oz, or bigger, bottles of water. Not to be carried.

**Physical Abilities:**

1) Complete a two-mile hike with all level one gear within 40 minutes.

2) Shoot 8 out of 10 shots on a 9" target at 100 yards with primary battle rifle. Using any item(s) you carried on your hike. You get three attempts for the shooting.

3) Field strip and reassemble your primary battle rifle you used to do your shooting qualification.

4) Understand and explain Alert Levels.

5) Movement Techniques: File, Wedge, Line, Column formation.

6) Basic Hand/Arm Signals.

7) Basic Radio Protocol.

8) Be First-Aid and C.P.R. trained.

9) Camouflage self and equipment. Evaluation by peers.

10) Qualification is valid for a time period of one year, at which time one must requalify at their current level.

11) You have 60 days from the time you start your qualification to complete it. Otherwise you must start over.